

Frank Nealon Boston Tune-Up 15k, Upton, MA

Measured Oct 8, 2016 by Mark Capparella and Stephen Peckiconis

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START: Starting line is on Pleasant St., at the front edge of the more northeastern (furthest away from Maple Ave.) cross walk stripe across Pleasant St. at Maple Ave. intersection. This point is 8 feet, zero inches before the front edge of the storm grate on Pleasant St and is marked with a PK nail, washer, and paint near the curb on the Maple Ave. side of Pleasant St.

FINISH: Finish line is on the main Nipmuc Regional High School driveway, which winds around the back of the school. The finish point is 5 feet, 2 inches after the preceding curb seam and 11 inches before the later curb seam. The point is 17 feet, 10 inches from the closest point on the rim of the manhole cover in the driveway before the finish. The point is marked with PK nails, washers and paint.

Split Locations

Mile 1 – 96 feet after mailbox post for #64 Mendon Street

Mile 2 – 22 feet before Verizon utility pole # 22 on South Street, 57 feet before driveway for 68 South St.

Mile 3 – 32 feet before Me. Co. utility pole # 51-50 on South St, opposite from mailbox for #154 South St

5k – 78 feet before Me. Co. utility pole # 54 on South Street, opposite 158 South St

Mile 4 – 39 feet after utility pole # 15 on Oak Dr.

Mile 5 – 61 feet after mailbox post for # 115 Moon Hill Rd.

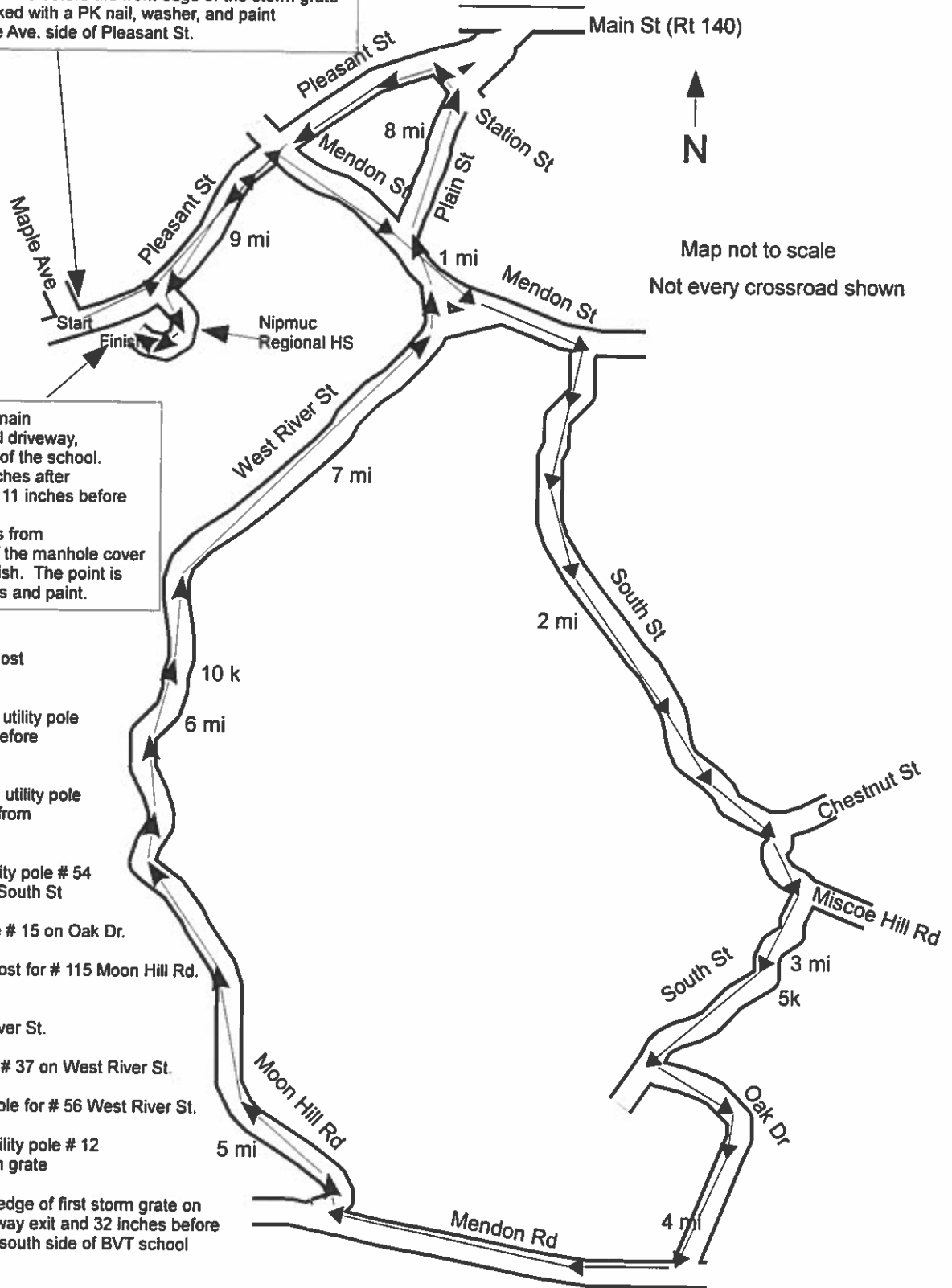
Mile 6 – 61 feet, 4 inches after mailbox post for # 165 West River St.

10k – 41 feet before utility pole # 37 on West River St.

Mile 7 – 42 feet after mailbox pole for # 56 West River St.

Mile 8 – 29 feet after Verizon utility pole # 12 on Plain St., 9 feet before storm grate

Mile 9 – 19 feet, 7 inches after edge of first storm grate on south side of BVT school one way exit and 32 inches before edge of second storm grate on south side of BVT school one way exit on Pleasant St.



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Turn-by-turn course description

Race starts at intersection of Pleasant St. and Maple Ave., heading NE on Pleasant St. to Mendon St.

Turn RIGHT onto Mendon St at 4-way stop and proceed to South St.

Turn RIGHT onto South St and follow South St, bearing right at Chestnut St and bearing right at Miscoe Hill Rd to remain on South St to proceed to Oak Dr.

Turn LEFT onto Oak Dr. to Mendon Rd.

Turn RIGHT onto Mendon Rd (entering Northbridge). and proceed to Moon Hill Rd.

Turn RIGHT onto Moon Hill Rd, which becomes West River St when street re-enters Upton.

At end of West River Rd, bear LEFT, turning LEFT onto Mendon St, staying to the left of the center island.

Turn RIGHT onto Plain St.

Turn LEFT onto Station St

Turn LEFT onto Pleasant St and proceed on Pleasant St THROUGH the 4-way stop.

Turn LEFT into the first entrance for Nipmuc Regional High School and follow main school driveway as it curves to the right around the back of the school to the finish.